Creative

create development

real PE®

Express, adapt and adjust

I can respond imaginatively to different situations, adapting and adjusting my skills, movements or tactics so they are different from or in contrast to others.

Variety and disguise

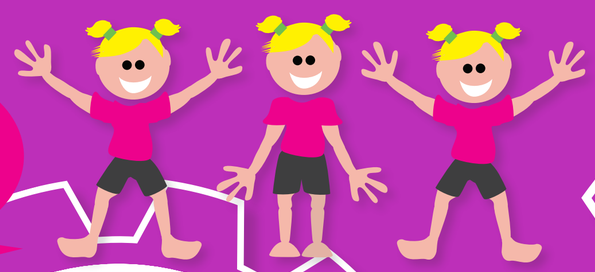
I can effectively disguise what I am about to do next. I can use variety and creativity to engage an audience.

Refine and change

I can link actions and develop sequences of movements that express my own ideas. I can change tactics, rules or tasks to make activities more fun or challenging.

Compare and develop

I can begin to compare my movements and skills with those of others. I can select and link movements together to fit a theme.

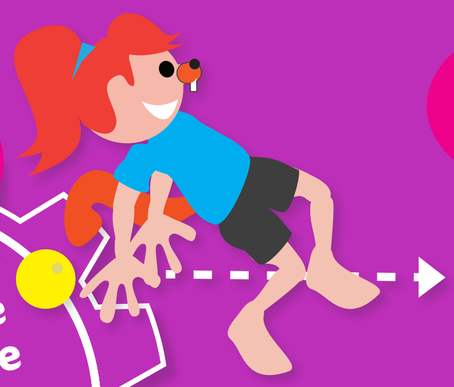


I can make up my own rules and versions of activities. I can respond differently to a variety of tasks or music and I can recognise similarities and differences in movements and expression.

Recognise and respond

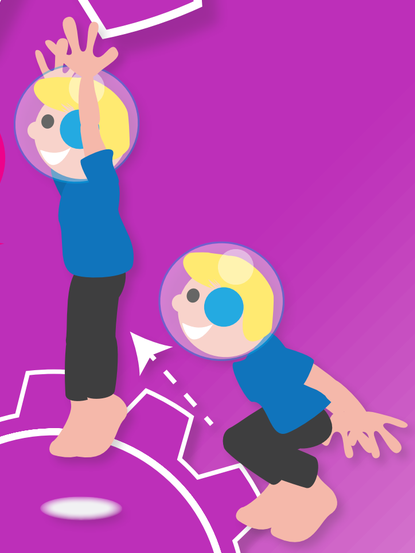
Explore and describe

I can explore and describe different movements.



Observe and copy

I can observe and copy others.



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